

Hazlehurst City School District
 001 - Hazlehurst Elementary/Middle School
 September 2022 Lunch Menu
 Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Stuffed Crust Pizza Tuna Salad with Crackers Tater Tots Whole Kernel Corn Chilled Peach Slices FF Chocolate Milk LF White Milk	Sep - 2 Hot Dogs Crinkle Cut Fries Classic Coleslaw Fruitable Plus Juice FF Chocolate Milk LF White Milk Brownies
Sep - 5 Holiday	Sep - 6 Cheeseburger Tuna Salad with Crackers Seasoned Potato Wedges California Veggies Pineapple Tidbits LF White Milk Chocolate Milk Trimmings	Sep - 7 Spaghetti & Meat Sauce Chef Salad Green Beans Whole Wheat Garlic Toas Fruit Cocktail Low Fat Milk FF Chocolate Milk	Sep - 8 Seasoned Baked Chicken Rice & Gravy Green Peas Whole Wheat Roll Low Fat Milk Chocolate Milk Fresh Plums	Sep - 9 Ham & Cheese on Hoagi Ranch Doritos Fruit Slushes Low Fat Milk Chocolate Milk Mayonnaise Mustard Chocolate Chip Crisp
Sep - 12 Beef Tips Over Rice Chef Salad Southern Turnip Greens Cornbread Chilled Mandarin Oranges LF White Milk FF Chocolate Milk	Sep - 13 Hamburger Steak w/ Gra Tuna Salad with Crackers Mashed Potatoes & Grav Mixed Vegetables Apple Slices in a Bag Yeast Roll LF White Milk FF Chocolate Milk	Sep - 14 Red Beans and Rice with Sausage Chef Salad Crispy Sweet Potato Cubes Chilled Diced Pears Cornbread Low Fat Milk Chocolate Milk	Sep - 15 Chicken Tetrizzini Tuna Salad with Crackers Yeast Roll Green Beans Tropical Fruit Low Fat Milk FF Chocolate Milk	Sep - 16 Buffalo Hot Wings Tuna Salad with Crackers Seasoned Potato Wedges Mexicali Corn Frozen Fruit Juice Cups Low Fat Milk Chocolate Milk Ketchup Ranch Dressing
Sep - 19 Cheesy Chicken Fiesta over Rice Chef Salad Lima Beans Cornbread Fruit Cocktail LF White Milk FF Chocolate Milk	Sep - 20 BBQ Pulled Pork Burger Tuna Salad with Crackers Baked Beans Tater Tots Chilled Mandarin Oranges Low Fat Milk FF Chocolate Milk Oatmeal Raisin Cookie	Sep - 21 Chili Cheese over Chips Tuna Salad with Crackers Black-Eyed Peas Sun Splash Juice Box LF White Milk FF Chocolate Milk Sugar Cookie Taco Sauce	Sep - 22 Beef-A-Roni Chef Salad Glazed Carrots Cheesy Breadstick Assorted Fruit Juices LF White Milk FF Chocolate Milk	Sep - 23 Pepperoni Pizza Wedge Chef Salad French Fries Fresh Fruit Bowl Corn on the Cob LF White Milk Chocolate Milk
Sep - 26 Chicken Nuggets Chef Salad Yeast Roll Macaroni and Cheese Fresh Oranges LF White Milk FF Chocolate Milk Variety of Dipping Sauce	Sep - 27 BBQ Rib on Hoagie Bun Tuna Salad with Crackers Baked Beans Fresh Pineapple Cubes LF White Milk FF Chocolate Milk Rice Treat Bar	Sep - 28 Chicken Patty Sandwich Chef Salad Crinkle Cut Fries Broccoli Salad Blushing Chilled Pears LF White Milk Chocolate Milk Trimmings	Sep - 29 Shepherd's Pie Tuna Salad with Crackers Green Peas Yeast Roll Fresh Plums LF White Milk FF Chocolate Milk	Sep - 30 Corn Dog Chef Salad Spicy Wedges Chilled Mandarin Oranges LF White Milk FF Chocolate Milk Mustard Ketchup

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.