

Hazlehurst City School District

002 - Hazlehurst High School

Aug 24, 2022

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September 2022 (9-12)

Lunch Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Stuffed Crust Pizza Tuna Salad with Crackers Tater Tots Whole Kernel Corn Assorted Fruit Juices Fresh Peaches FF Chocolate Milk LF White Milk	Sep - 2 Chili Dog Chef Salad Crinkle Cut Fries Baked Beans Assorted Fruit Juices Fresh Pineapple Cubes FF Chocolate Milk LF White Milk Brownies
Sep - 5 Holiday	Sep - 6 Cheeseburger Tuna Salad with Crackers Seasoned Potato Wedges California Veggies Pineapple Tidbits Assorted Fruit Juices LF White Milk Chocolate Milk Graham Crackers Trimmings	Sep - 7 Spaghetti & Meat Sauce Chef Salad Green Beans Whole Wheat Garlic Toas Fruit Cocktail Assorted Fruit Juices Low Fat Milk FF Chocolate Milk	Sep - 8 Seasoned Baked Chicken Tuna Salad with Crackers Rice & Gravy Green Peas Whole Wheat Roll Fresh Plums Assorted Fruit Juices Low Fat Milk Chocolate Milk	Sep - 9 Ham & Cheese on Hoagi Ranch Doritos Fruit Slushes Assorted Fruit Juices Low Fat Milk Chocolate Milk Mayonnaise Mustard Chocolate Chip Crisp
Sep - 12 Beef Tips Over Rice Chef Salad Southern Turnip Greens Cornbread Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk	Sep - 13 Hamburger Steak w/ Gra Tuna Salad with Crackers Mashed Potatoes & Grav Mixed Vegetables Assorted Fruit Juices Apple Slices in a Bag Yeast Roll LF White Milk FF Chocolate Milk	Sep - 14 Red Beans and Rice with Sausage Chef Salad Crispy Sweet Potato Cubes Cornbread Assorted Fruit Juices Chilled Diced Pears Low Fat Milk Chocolate Milk	Sep - 15 Chicken Tetrzzini Tuna Salad Salad Yeast Roll Green Beans Assorted Fruit Juices Tropical Fruit Low Fat Milk FF Chocolate Milk	Sep - 16 Buffalo Hot Wings Chef Salad Seasoned Potato Wedges Mexicali Corn Frozen Fruit Juice Cups Assorted Fruit Juices Low Fat Milk Chocolate Milk Ketchup Ranch Dressing
Sep - 19 Cheesy Chicken Fiesta over Rice Tuna Salad Salad Lima Beans Cornbread Assorted Fruit Juices Fruit Cocktail LF White Milk FF Chocolate Milk	Sep - 20 BBQ Pulled Pork Burger Chef Salad Baked Beans Tater Tots Assorted Fruit Juices Chilled Mandarin Oranges Low Fat Milk FF Chocolate Milk Oatmeal Raisin Cookie	Sep - 21 Chili Cheese over Chips Tuna Salad with Crackers Black-Eyed Peas Assorted Fruit Juices Fresh Fruit Bowl LF White Milk FF Chocolate Milk Sugar Cookie Taco Sauce	Sep - 22 Beef-A-Roni Chef Salad Glazed Carrots Cheesy Breadstick Fruit Cocktail Assorted Fruit Juices LF White Milk FF Chocolate Milk	Sep - 23 Pepperoni Pizza Wedge Tuna Salad Salad French Fries Corn on the Cob Fresh Fruit Bowl Assorted Fruit Juices LF White Milk Chocolate Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 26	Sep - 27	Sep - 28	Sep - 29	Sep - 30
Chicken Nuggets Chef Salad Yeast Roll Macaroni and Cheese Assorted Fruit Juices Fresh Oranges LF White Milk FF Chocolate Milk Variety of Dipping Sauce	BBQ Rib on Hoagie Bun Tuna Salad Salad Baked Beans Assorted Fruit Juices Fresh Pineapple Cubes LF White Milk FF Chocolate Milk Rice Treat Bar	Chicken Patty Sandwich Chef Salad Crinkle Cut Fries Broccoli Salad Assorted Fruit Juices Blushing Chilled Pears LF White Milk Chocolate Milk Trimmings	Shepherd's Pie Tuna Salad Salad Green Peas Yeast Roll Assorted Fruit Juices Fresh Plums LF White Milk FF Chocolate Milk	Corn Dog Chef Salad Spicy Wedges Assorted Fruit Juices Chilled Mandarin Oranges LF White Milk FF Chocolate Milk Mustard Ketchup

This institution is an equal opportunity provider.

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