

Hazlehurst City School District

002 - Hazlehurst High School

Oct 24, 2022

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October 2022 (9-12)

Breakfast Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR JUICE FOR BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 French Toast Sticks Sausage Patty Cereal Bowl Assorted Fruit Juices Applesauce Cup LF White Milk FF Chocolate Milk Pancake Syrup	Oct - 4 Sausage and Biscuit Hashbrown Potatoes Tropical Fruit Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Oct - 5 Breakfast Burrito Assorted Cold Cereals Assorted Fruit Juices Fresh Bananas LF White Milk Chocolate Milk	Oct - 6 Breakfast Sausage Pizza Assorted Cold Cereals Chilled Diced Pears Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 7 Mini Pancakes in a Bag Bacon Strips Assorted Cold Cereals Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup
Oct - 10 Holiday	Oct - 11 Holiday	Oct - 12 Chicken Patty & Biscuit Hashbrown Potatoes Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 13 Apple Frudel Fruit Flavor Cereal Bar Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 14 Breakfast Burrito Assorted Cold Cereals Choice of Strawberry & Raspberry Yogurts Assorted Fruit Juices LF White Milk FF Chocolate Milk Salsa
Oct - 17 French Toast Sticks Sausage Patty Assorted Cold Cereals Chilled Mandarin Oranges Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Oct - 18 Cinnamon Crunch Filled Pastry Assorted Cold Cereals Pineapple Tidbits Assorted Fruit Juices LF White Milk Chocolate Milk	Oct - 19 Southern Biscuit Sausage Patty Assorted Cold Cereals Chilled Pear Halves Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Oct - 20 Hot Grits Scrambled Eggs Sausage Patty Cheese Toast Assorted Cold Cereals Fresh Apples Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 21 Cinnamon Rolls Assorted Cold Cereals Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk
Oct - 24 Mini Pancakes in a Bag Sausage Patty Scrambled Eggs Fresh Orange Smiles Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 25 Sausage & Pancake on a Stick Assorted Cold Cereals Yogurt Parfait Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Oct - 26 Waffles in a Bag Bacon Strips Assorted Cold Cereals Fresh Strawberries Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Oct - 27 Hot Grits Scrambled Eggs Sausage Patty Whole Grain Biscuit Tropical Fruit Assorted Fruit Juices LF White Milk FF Chocolate Milk	Oct - 28 Chicken Patty & Biscuit Assorted Cold Cereals Applesauce Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies
Oct - 31 Breakfast Sausage Pizza Assorted Cold Cereals Poptart, Variety Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk				

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.