

Hazlehurst City School District
 001 - Hazlehurst Elementary/Middle School
 November 2022
 Pre K-8
 Lunch Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 Cheeseburger Chef Salad Spicy Wedges Fresh Apples LF White Milk Chocolate Milk Chocolate Chip Cookie Trimmings Mayonnaise Mustard Ketchup	Nov - 2 Chicken Spaghetti Chef Salad Green Beans Tropical Fruit Yeast Roll Low Fat Milk FF Chocolate Milk	Nov - 3 BBQ Pulled Pork Burger Tuna Salad with Crackers Baked Beans Tater Tots Fresh Oranges Low Fat Milk FF Chocolate Milk Ketchup	Nov - 4 Chicken Tenders Tuna Salad with Crackers Rice & Gravy Yeast Roll Frozen Fruit Juice Cups Low Fat Milk FF Chocolate Milk Variety of Dipping Sauce
Nov - 7 Stuffed Crust Pizza Tuna Salad with Crackers Whole Kernel Corn Chilled Mandarin Oranges Low Fat Milk Chocolate Milk Chocolate Chip Cookie	Nov - 8 Hamburger Steak w/ Gra Tuna Salad with Crackers Mashed Potatoes & Grav Yeast Roll Fresh Fruit Bowl LF White Milk FF Chocolate Milk	Nov - 9 Corn Dog Chef Salad Crinkle Cut Fries Pineapple Tidbits LF White Milk FF Chocolate Milk Rice Krispie Bars Ketchup Mustard	Nov - 10 Shepherd's Pie Chef Salad Green Peas Whole Wheat Roll Sliced Apples and Grapes Low Fat Milk Chocolate Milk	Nov - 11 Beefy Nachos Grande Chef Salad Cheesy Broccoli Fruit Slushes Low Fat Milk FF Chocolate Milk Taco Sauce
Nov - 14 Beef-A-Roni Tuna Salad with Crackers Whole Wheat Roll California Veggies Chilled Diced Pears Low Fat Milk Chocolate Milk	Nov - 15 BBQ Meatballs on Bun Chef Salad Baked Beans Chilled Peach Slices LF White Milk FF Chocolate Milk Brownies	Nov - 16 Ham and Cheese on Bun` Tuna Salad with Crackers Chili Cheese Chips Flavored Raisins Baby Carrots w/ Dressing Sun Splash Juice Box LF White Milk FF Chocolate Milk	Nov - 17 Turkey and Dressing Chef Salad Southern Turnip Greens Yam Patties Assorted Fruit Juices LF White Milk FF Chocolate Milk Cranberry Sauce	Nov - 18 Buffalo Chicken Wings Chef Salad Macaroni and Cheese Celery Sticks with Dip Whole Wheat Roll Frozen Fruit Juice Cups LF White Milk FF Chocolate Milk
Nov - 21 Holiday	Nov - 22 Holiday	Nov - 23 Holiday	Nov - 24 Holiday	Nov - 25 Holiday
Nov - 28 Hot Dogs Chef Salad Tater Tots Classic Coleslaw Rosey Applesauce FF Chocolate Milk LF White Milk Ketchup Mustard	Nov - 29 Red Beans and Rice with Sausage Tuna Salad with Crackers Glazed Carrots Cornbread Fresh Nectarines FF Chocolate Milk LF White Milk	Nov - 30 Mexican Pizza Chef Salad Corn on the Cob Fruit Cocktail Low Fat Milk FF Chocolate Milk Yellow Cake w/ Icing		

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.