

Hazlehurst City School District

002 - Hazlehurst High School

Oct 24, 2022

October 2022

9-12

Breakfast Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR JUICE FOR BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 Sausage & Pancake on a Stick Assorted Cold Cereals Fruit Cocktail Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Nov - 2 Sausage and Biscuit Hashbrown Potatoes Fruit Flavor Cereal Bar Tropical Fruit Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Nov - 3 Breakfast Sliders Assorted Cold Cereals Assorted Fruit Juices Fresh Bananas LF White Milk Chocolate Milk Assorted Jellies	Nov - 4 Breakfast Sausage Pizza Cocoa Cereal Squares Chilled Diced Pears Assorted Fruit Juices LF White Milk FF Chocolate Milk
Nov - 7 Mini Pancakes in a Bag Bacon Strips Assorted Cold Cereals Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Nov - 8 Waffles Sausage Patty Assorted Cold Cereals Tropical Fruit Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Nov - 9 Apple Frudel Assorted Cold Cereals Fresh Apples Assorted Fruit Juices LF White Milk FF Chocolate Milk	Nov - 10 Chicken Patty & Biscuit Assorted Cold Cereals Fresh Fruit Bowl Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Nov - 11 Hot Grits Scrambled Eggs Sausage Patty Whole Grain Biscuit Apple and Orange Wedg Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies
Nov - 14 Breakfast Burrito Assorted Cold Cereals Choice of Strawberry & Raspberry Yogurts Assorted Fruit Juices LF White Milk FF Chocolate Milk Salsa	Nov - 15 French Toast Sticks Sausage Patty Assorted Cold Cereals Chilled Mandarin Oranges Assorted Fruit Juices LF White Milk FF Chocolate Milk Pancake Syrup	Nov - 16 Cinnamon Crunch Filled Pastry Assorted Cold Cereals Pineapple Tidbits Assorted Fruit Juices LF White Milk Chocolate Milk	Nov - 17 Southern Biscuit Sausage Patty Assorted Cold Cereals Chilled Pear Halves Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Nov - 18 Ham and Cheese Sliders Fruit Flavor Cereal Bar Apple Slices in a Bag Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies
Nov - 21 Holiday	Nov - 22 Holiday	Nov - 23 Holiday	Nov - 24 Holiday	Nov - 25 Holiday
Nov - 28 Chicken Patty & Biscuit Assorted Cold Cereals Applesauce Assorted Fruit Juices LF White Milk FF Chocolate Milk Assorted Jellies	Nov - 29 Bagel w/ Sausage & Grav Cereal Bars Chilled Peach Slices Assorted Fruit Juices LF White Milk FF Chocolate Milk	Nov - 30 Breakfast Sausage Pizza Assorted Cold Cereals Fruit Cocktail Assorted Fruit Juices LF White Milk FF Chocolate Milk		

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.