

Hazlehurst City School District

JANUARY 2019 (PreK- 8)

Dec 12, 2018

Lunch Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 HOLIDAY	Jan - 2 HOLIDAY	Jan - 3 HOLIDAY	Jan - 4 HOLIDAY
Jan - 7 Closed	Jan - 8 Hamburger w/ Trimmin Corn Dog Tater Tots Gold Rush Juice Pineapple Tidbits LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup	Jan - 9 Chicken Nuggets Buffalo Hot Wings Spicy Fries Seasoned Lima Beans Frozen Juice Cup Yeast Roll LF White Milk FF Chocolate Milk Ketchup Dipping Sauce	Jan - 10 Spaghetti & MeatSauc Chef Salad Green Beans Steamed Carrots Apple Slices in a Bag Whole Wheat Garlic T LF White Milk FF Chocolate Milk	Jan - 11 Pepperoni Pizza Fish Sandwich Whole Kernel Corn Tomatoes with Dip Raisels LF White Milk FF Chocolate Milk Mayonnaise Ketchup Tartar Sauce
Jan - 14 BBQ Meatballs on Bun Chef Salad w/ Cracker French Fries Broccoli Salad Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup Giant Graham Cookies	Jan - 15 Chicken Tenders Tuna Salad with Crack Macaroni and Cheese Seasoned Lima Beans Fruitables Plus Juice Frozen Juice Cup LF White Milk FF Chocolate Milk Ketchup Dipping Sauce	Jan - 16 Chili Cheese over Chip Tuna Salad with Crack Green Beans Steamed Carrots Fruit Cocktail LF White Milk FF Chocolate Milk	Jan - 17 Corn Dog Nuggets Chicken Sandwich Crispy Sweet Potato Cubes Green Peas Mandarin Oranges LF White Milk FF Chocolate Milk Ketchup Mustard Mayonnaise	Jan - 18 Beefy Nachos Grande Beef & Bean Burrito Whole Kernel Corn California Veggies Fresh Orange Smiles LF White Milk FF Chocolate Milk Giant Graham Cookies
Jan - 21 HOLIDAY	Jan - 22 Personal Pan Pizza Fish Sandwich Whole Kernel Corn Celery Sticks with Dip Chilled Peach Slices LF White Milk FF Chocolate Milk Tartar Sauce Ketchup	Jan - 23 Veg. Beef Soup & San Tuna Salad with Crack Green Beans Steamed Carrots Fruit Cocktail LF White Milk FF Chocolate Milk	Jan - 24 Hamburger w/ Trimmin Spicy Wedges Black-Eyed Peas Steamed Carrots LF White Milk FF Chocolate Milk Ketchup Mayonnaise Mustard Vanilla Pudding	Jan - 25 Hot Dog Chicken Salad w/Crack Tater Tots Steamed Broccoli Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup
Jan - 28 Hamburger Steak w/ G Tuna Salad with Crack Rice & Gravy Seasoned Lima Beans Fruitables Plus Juice Applesauce Whole Wheat Roll LF White Milk FF Chocolate Milk	Jan - 29 Chicken Spaghetti Beef Ravioli Green Beans Fruitables Plus Juice Fresh Apple Whole Wheat Garlic T LF White Milk FF Chocolate Milk	Jan - 30 BBQ Rib on Hoagie Bu Chef Salad French Fries Creamy Coleslaw Fruit Juice LF White Milk FF Chocolate Milk Ketchup	Jan - 31 Shepherd's Pie Tuna Salad with Crack Green Peas Tomatoes & Carrots w/ Applesauce Whole Wheat Roll LF White Milk FF Chocolate Milk	

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.