

Hazlehurst City School District

JANUARY 2019 (9-12)

Dec 13, 2018

Lunch Menu

Menu Subject To Change

STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 HOLIDAY	Jan - 2 HOLIDAY	Jan - 3 HOLIDAY	Jan - 4 HOLIDAY
Jan - 7 Closed	Jan - 8 Cheeseburger Spicy Fries Mixed Vegetables Pineapple Tidbits Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup Oatmeal Raisin Cooki	Jan - 9 Chicken Tenders Macaroni and Cheese Seasoned Lima Beans California Veggies Fruit Cocktail Fruit Juice LF White Milk FF Chocolate Milk Ketchup Dipping Sauce Yellow Cake w/ Frostin	Jan - 10 Spaghetti & MeatSauc Grilled Chicken Salad Green Beans Mashed Sweet Potatoe Applesauce Fruit Juice Whole Wheat Garlic T LF White Milk FF Chocolate Milk Chocolate Pudding	Jan - 11 Personal Pan Pizza Fish Sticks Whole Kernel Corn Black-Eyed Peas Baby Carrots in Bag Chilled Peach Slices Fruit Juice LF White Milk FF Chocolate Milk Ranch Dressing Tartar Sauce Fruit Crisp
Jan - 14 BBQ Meatballs on Bun Chicken Salad w/Crack Criss Cut Sweet Potato Green Peas Fruit Cocktail Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup Tartar Sauce Giant Graham Cookies	Jan - 15 Chicken Tenders Quick Baked Potato Mixed Vegetables Tomatoes with Dip Chilled Peach Slices Fruit Juice Yeast Roll LF White Milk FF Chocolate Milk Ketchup Dipping Sauce Fyununs	Jan - 16 Chili Cheese over Chip Grilled Chicken Sandwi Mixed Vegetables Black-Eyed Peas Potato Salad Raisels Fruit Juice LF White Milk FF Chocolate Milk Taco Sauce Yellow Cake w/ Frostin	Jan - 17 Baked Pork Chop Tuna Salad with Crack Rice & Gravy Turnip Greens Baby Carrots w/ Dressi Pineapple Tidbits Fruit Juice Cornbread LF White Milk FF Chocolate Milk Assorted Gelatins	Jan - 18 Beefy Nachos Grande Beef & Bean Burrito Spanish Rice Seasoned Lima Beans Creamy Coleslaw Applesauce Fruit Juice LF White Milk FF Chocolate Milk Sugar Cookie
Jan - 21 HOLIDAY	Jan - 22 Mexican Pizza Tuna Salad with Crack Whole Kernel Corn Glazed Carrots Chilled Peach Slices Fruit Juice LF White Milk FF Chocolate Milk Fruit Crisp	Jan - 23 Veg. Beef Soup & San Fruitables Plus Juice Broccoli Florets w/ Dip Applesauce in a Bag Fruit Juice LF White Milk FF Chocolate Milk Choclote Chip Cookie	Jan - 24 BBQ Chicken Nuggets Boneless Buffalo Hot Wings Spicy Fries Cheesy California Veggies Tomatoes with Dip Fruit Cocktail Fruit Juice Yeast Roll LF White Milk FF Chocolate Milk Ranch Dressing Ketchup	Jan - 25 Bacon Cheese Burger French Fries Black-Eyed Peas Baby Carrots w/ Dressi Pineapple Tidbits Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup Giant Graham Cookies

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 28 Hamburger Steak w/ G Tuna Salad with Crack Mashed Potatoes & Gr Mixed Vegetables Tomatoes with Dip Raisels Fruit Juice Yeast Roll LF White Milk FF Chocolate Milk Ketchup Giant Graham Cookies	Jan - 29 Ham & Cheese Potato Chicken Sandwich Whole Kernel Corn Steamed Carrots Chilled Peach Slices Fruit Juice LF White Milk FF Chocolate Milk Margarine Sour Cream Mayonnaise Mustard Brownies	Jan - 30 Chicken Spaghetti Tuna Salad with Crack Green Beans Mashed Sweet Potatoe Chilled Mandarin Oranges Fruit Juice Whole Wheat Garlic T LF White Milk FF Chocolate Milk Sugar Cookie	Jan - 31 Beef Taco with Soft Tortilla Corn Dog Nuggets Green Peas Black-Eyed Peas Broccoli Florets w/ Dip Fresh Fruit Bowl Fruit Juice LF White Milk FF Chocolate Milk Taco Sauce Mustard Yellow Cake w/ Frostin	

This institution is an equal opportunity provider.

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