

# Hazlehurst City School District

FEBRUARY 2019 (PreK- 8)

Jan 22, 2019

## Lunch Menu

Menu Subject To Change

**STUDENTS MUST CHOOSE A FRUIT OR VEGETABLE FOR LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1  Chicken Nuggets Buffalo Hot Wings Spicy Fries Black-Eyed Peas Frozen Juice Cup Whole Wheat Roll LF White Milk FF Chocolate Milk Ketchup Dipping Sauce
Feb - 4  Pepperoni Pizza Fish Sandwich Whole Kernel Corn Tomatoes with Dip Raisels LF White Milk FF Chocolate Milk Mayonnaise Ketchup Tartar Sauce	Feb - 5  Taco Soup Tuna Salad with Crack Green Beans Steamed Carrots Fresh Apple Saltine Crackers LF White Milk FF Chocolate Milk Giant Graham Cookies	Feb - 6  Grilled Chicken Sandwi Spicy Chicken Sandwic Baked Beans Broccoli Salad Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup	Feb - 7  Beef-A-Roni Tuna Salad with Crack Green Beans Steamed Carrots Fruit Cocktail Whole Wheat Roll LF White Milk FF Chocolate Milk Chocolate Pudding	Feb - 8  Hamburger w/ Trimmin Corn Dog Tater Tots Gold Rush Juice Pineapple Tidbits LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup
Feb - 11  Chicken Nuggets Tuna Salad with Crack Spicy Fries Seasoned Lima Beans Frozen Juice Cup Yeast Roll LF White Milk FF Chocolate Milk Ketchup Dipping Sauce	Feb - 12  Red Beans and Rice with Sausage Chicken Sandwich Turnip Greens Mashed Sweet Potatoe Fresh Apple Cornbread LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup	Feb - 13  Stuffed Crust Pizza Fish Sticks Whole Kernel Corn Tomatoes with Dip Raisels LF White Milk FF Chocolate Milk Mayonnaise Ketchup Tartar Sauce	Feb - 14  Seasoned Baked Chic Turkey & Cheese on B Rice & Gravy Green Peas Steamed Carrots Fruit Cocktail Yeast Roll LF White Milk FF Chocolate Milk Mayonnaise Mustard	Feb - 15  Hot Dog Tuna Salad on Ciabatta Bread Oven Fries California Veggies Fruit Juice LF White Milk FF Chocolate Milk Mayonnaise Mustard Ketchup
Feb - 18  Closed	Feb - 19  Cheeseburger Chef Salad Tater Tots Mixed Vegetables Fresh Orange Smiles LF White Milk FF Chocolate Milk	Feb - 20  BBQ Rib on Hoagie Bu Chicken Salad w/Crack Spicy Wedges Baked Beans Frozen Juice Cup LF White Milk FF Chocolate Milk Ketchup	Feb - 21  Chicken Spaghetti Beef Ravioli Green Beans Fruitables Plus Juice Fresh Apple Whole Wheat Garlic T LF White Milk FF Chocolate Milk	Feb - 22  Mexican Pizza Sausage Pizza Tuna Salad with Crack Whole Kernel Corn Tomatoes with Dip Raisels LF White Milk FF Chocolate Milk Mayonnaise Ketchup Tartar Sauce

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Feb - 25  Hamburger Steak w/ G Tuna Salad with Crack Rice & Gravy Seasoned Lima Beans Fruitables Plus Juice Applesauce Whole Wheat Roll LF White Milk FF Chocolate Milk	Feb - 26  Chili Cheese over Chip Tuna Salad with Crack Whole Kernel Corn Steamed Carrots Fruit Cocktail LF White Milk FF Chocolate Milk	Feb - 27  Corn Dog Chicken Sandwich Crispy Sweet Potato Cubes Green Peas Mandarin Oranges LF White Milk FF Chocolate Milk Ketchup Mustard Mayonnaise Giant Graham Cookies	Feb - 28  Shepherd's Pie Chef Salad Green Beans Mixed Vegetables Apple Slices in a Bag Whole Wheat Roll LF White Milk FF Chocolate Milk	

This institution is an equal opportunity provider.

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*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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